Pacific, I could sing," he said.

For Foster, the jump from musicals to helping pioneer the psychedelic movement was a short one. In the mid-60s he was at Cal Tech in Pasadena, playing music and writing songs and hanging out with math students.

"I brought my songs, D modal tuning and the psychedelic movement back to San Antonio," Foster said with a laugh.

With cohorts such as Bill Bellamy, Don Earl Hardy and Bob Lenz, Foster put together the seven-piece Rachel's Children, which worked the area with other work Casebiers at 8:30 tonight. Saturday's show will be at Kerrville house concert, call 360-397-9063 for reservations.

"I made the decision to start playing solo in 1982 after I quit drinking," he said. "It was the first time in my life I was willing to quit playing music if it meant changing the direction of my life. I was killing myself, but I downed on me that music is what helped keep me alive."

Foster sobered up and devoted himself to two artistic pursuits. "I describe myself as a dually addicted artist," he said with a laugh.

Back to his jam session at the Cigar Club, 19703 Stone Oak Parkway from 7:30 p.m. No cover.

"We're going to recreate 32nd Street," said Small World drummer/vocalist Kyle Kooner. "It's going to be like those smoky places you wanted to go to in the '40s."

Kooner was laughing, but he and his music-making partner, guitarist Polly Harrison, have been staging these jam sessions for about 25 years. When the jams started at My Place and continued at La Mansion del Norte and Boardwalk Bistro, they provided an outlet for professional players.

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